

WellSelect

An Employee Well-being Solution

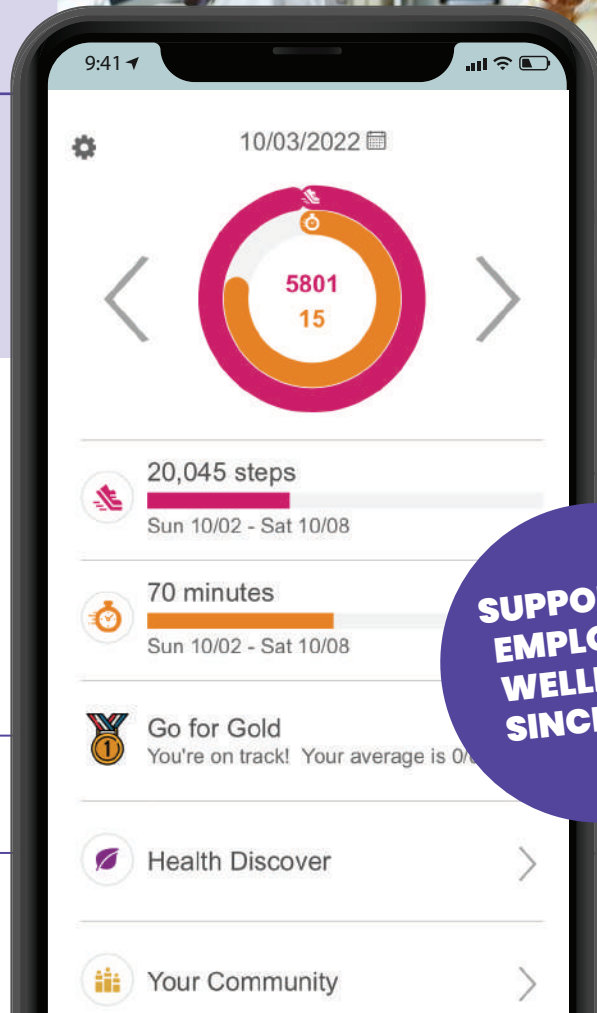
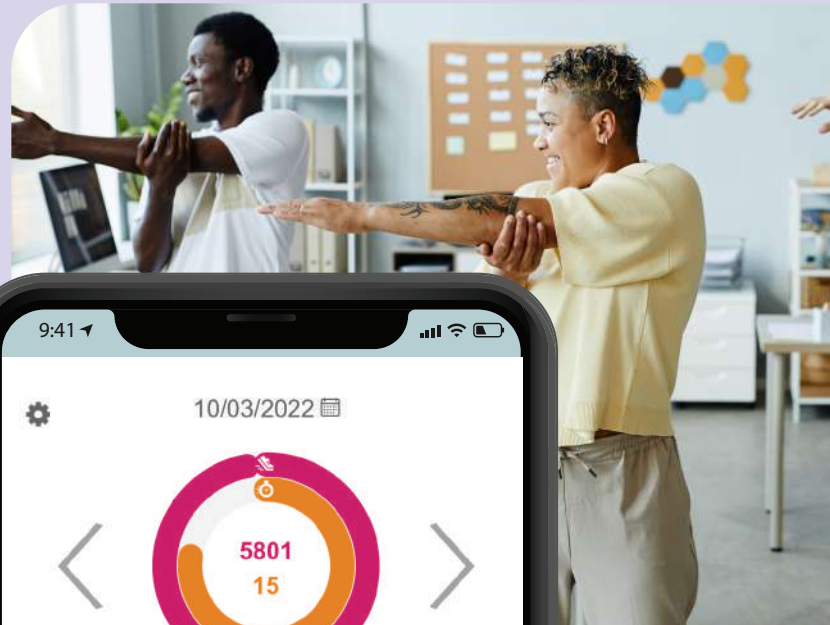
Encourage your employees to take care of themselves, connect with others, and have fun!

Supporting your employees' health and wellbeing has never been more important. Create a foundation for a true culture of health with the Motion Connected WellSelect Program.

Motivating, year-round strategy

Time-saving, proven design & automated delivery

Fun & rewarding for members



**SUPPORTING
EMPLOYEES
WELLBEING
SINCE 2008**

"I was able to improve my wellness and get my blood sugar level back down."
2023 Employee User

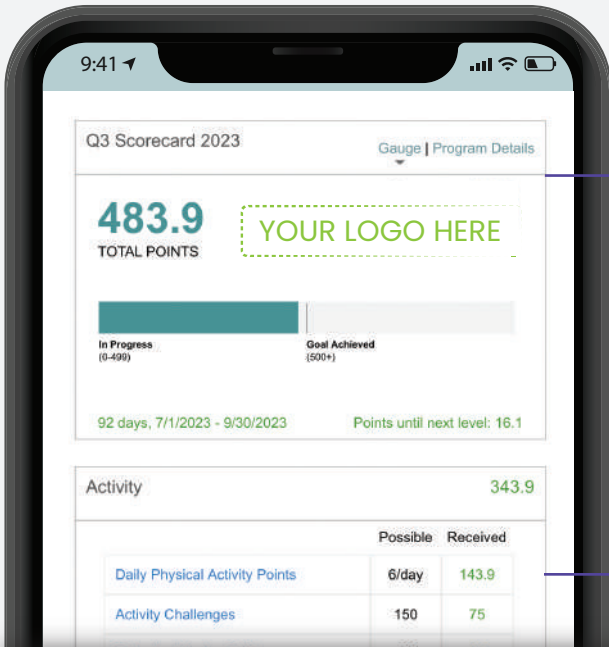
"I am more aware of my daily activities and the intake of the food I eat."
2023 Employee User

"I enjoy the program. The videos are informative and I'm working towards my weight loss journey."
2023 Employee User

Encourage employees to participate, learn & grow

Focus on improving the habits that matter

- ✔ Physical activity
- ✔ Eating habits
- ✔ Resiliency to stress
- ✔ Social connections
- ✔ Mental wellbeing
- ✔ Financial wellbeing



Reward healthy behaviors

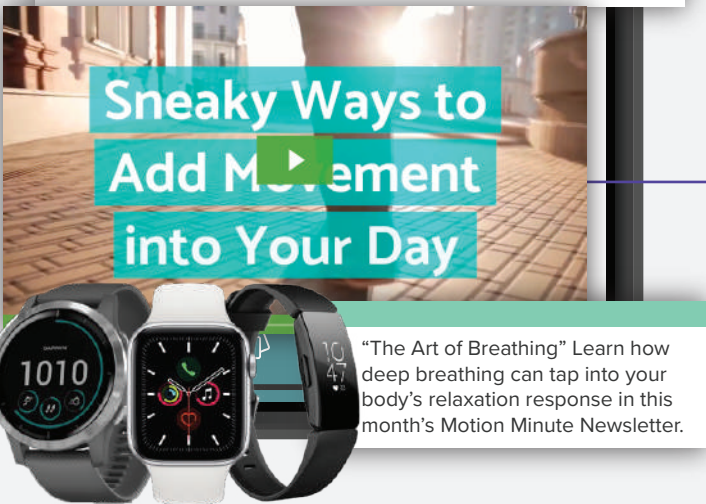
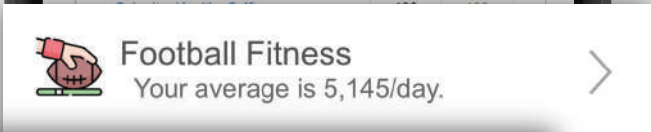
Points-based Scorecard

Reward employees for their healthy action using our motivating points-program. Our simple framework makes it easy for employees to track and monitor their progress and focus on the healthy behaviors that make the greatest impact.

Promote daily activity

Activity Challenges

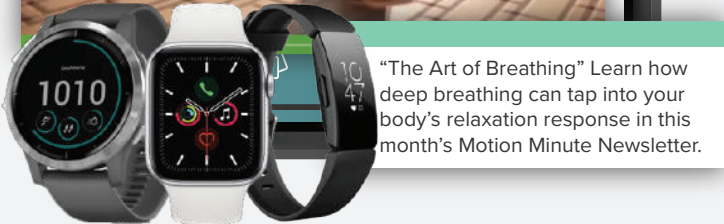
Use our best-practice challenge strategy to ensure fun & engagement. These themed challenges run automatically and are planned on a quarterly basis, plus you have the option to build your own at anytime.



Add inspiration & education

Healthy Living Content

Written by our team of health experts and delivered automatically, our approachable health content helps employees develop new habits & skills.



Track, manage & support with ease

Our team & tech is here every step of the way to help you track progress, drive engagement, offer support to employees and customize your program design.

On-demand reporting and an insights dashboard gives you a clear picture of program progress & success.



Maximize rewards with our gift card fulfillment solution

Use progress reports to track completions & choose a gift card dollar amount. We email the reward link to the recipients directly. Employees can choose from over 90 top brands including Starbucks, Amazon, Target, and more.

Visit www.motionconnected.com/demo to learn more today!